

TOEIC Preparation Timelines – Based on Study Schedules

The time needed to prepare for the TOEIC depends on your current English level (B1, B2, C1), your target score, and how intensively you study. This document outlines four study scenarios with approximate preparation time, weekly hours, and total hours required. The focus is on TOEIC Listening & Reading (L&R;), but applies also if preparing for Speaking & Writing.

1. Studying 2 Hours Every Day (~14 hours/week)

■ Fastest approach thanks to daily contact with business English contexts.

B1 (Intermediate, target 650–750 TOEIC): 2–3 months (~120–180 total hours). Focus on workplace vocabulary, grammar accuracy, and Listening Parts 1–4.

B2 (Upper-Intermediate, target 800–850 TOEIC): 1.5–2 months (~90–120 hours). Focus on timed Reading comprehension and Listening details.

C1 (Advanced, target 900+): 1–1.5 months (~60–90 hours). Mainly full mock tests, business writing, and polishing accuracy.

2. Studying 2 Hours a Day on Weekdays (~10 hours/week)

■ Balanced and realistic for working professionals.

B1: 3–4 months (~120–160 hours). Build speed in Reading and improve Listening comprehension.

B2: 2–3 months (~80–120 hours). Focus on error correction and vocabulary expansion.

C1: 1.5–2 months (~60–80 hours). Practice under exam conditions, polish business communication.

3. Studying 2 Hours a Day on Weekends Only (~4 hours/week)

■ Progress is slower due to long breaks between sessions.

B1: 7–9 months (~120–160 hours). Focus on grammar drills, business English vocabulary.

B2: 5–7 months (~100–140 hours). Supplement with daily short listening practice.

C1: 4–5 months (~70–100 hours). Suitable for maintaining skills and taking mock tests.

4. Studying 3 Hours per Week (~12 hours/month)

■ Very slow path; works only if exam is many months away.

B1: 8–10 months (~100–120 hours). Gradual vocabulary building and grammar practice.

B2: 6–8 months (~75–100 hours). Requires consistent mini-practice during the week.

C1: 4–6 months (~50–75 hours). Enough for polishing and reviewing strategies.

■ Summary Table

Study Plan	Hours/Week	B1 (650–750)	B2 (800–850)	C1 (900+)
2h/day (7d)	~14 h	2–3 mo (120–180 h)	1.5–2 mo (90–120 h)	1–1.5 mo (60–90 h)
2h/day (5d)	~10 h	3–4 mo (120–160 h)	2–3 mo (80–120 h)	1.5–2 mo (60–80 h)
2h/day (weekends)	~4 h	7–9 mo (120–160 h)	5–7 mo (100–140 h)	4–5 mo (70–100 h)
3h/week	3 h	8–10 mo (100–120 h)	6–8 mo (75–100 h)	4–6 mo (50–75 h)